

		PROGRAMME DES ACTIVITES du 15 au 22 avril 2017					
		S P O R T Y					C A M P
HORAIRE	Dimanche	Lundi	Mardi	Mercredi	Jeudi	Vendredi	
09 : 00	FOOTING/MARCHE	FOOTING/MARCHE	FOOTING/MARCHE	FOOTING/MARCHE	FOOTING/MARCHE	FOOTING/MARCHE	
10 : 00	TOTAL TRAINING	TOTAL TRAINING	TOTAL TRAINING	TOTAL TRAINING	TOTAL TRAINING	TOTAL TRAINING	
11 : 00							
12 : 00							
13 : 00			Repas typique				
15 : 00	SPORT SURPRISE	SPORT SURPRISE	SPORT SURPRISE	SPORT SURPRISE	SPORT SURPRISE	SPORT SURPRISE	
18 : 00							
20 : 00							

Toutes les activités sont facultatives !